



WEHO WINTER TENNIS PROGRAM

Winter Session 1: Nov. 29 - Dec. 17 (3- week session)

Winter Session 2: Jan 10 - Mar 18 (10- week session)

1200 N Vista St
West Hollywood, CA
(323)-380-7088

MISSION

To provide fun, synchronized and systematic tennis experiences for players of all ages and levels. We offer instructional clinics, lessons, workouts, tournaments, recreational play and organized matchplay.

SIGN UP

Please view our available programming at Plummer Park and West Hollywood Park and sign up on the Kourts App. If you do not already have a Kourts account, you can download and sign up here: <https://www.tennacity.com/book-court> For additional assistance or sign up requests please visit our website and fill out our lesson request form at www.tennacity.com/lessons or contact the office at Plummer park at (323)-380-7088.

UTR

All players are required to set up a UTR account and join our free UTR club landing page. Sign up here: <https://www.tennacity.com/utr> and click "join our club." Universal Tennis is a digital marketplace that promotes level based tennis play by connecting tennis players with organized

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tennis programming. Even if you've never played tennis before you can sign up for a free account!

JUNIOR TENNIS

Winter Session 1: Nov. 29 - Dec. 17 (3- week session)

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YOUNG ROCKERS

Ages 3-6 | Duration 45 mins | Session: 10 weeks | Cost: \$25 session, \$35 drop in

Discover the sport of tennis through a series of fun interactive games while learning some tennis basics. It's all about creating a sense of joy on the tennis court for the young rocker! Training balls and shortened courts may be used at times to aid development and adapt to the strength of the player.

JUNIOR LEVEL 1

Ages 6-8 | Duration 1 hr | Session: 10 weeks | Cost: \$25 session, \$35 drop in

Utilizing a variety of training balls that are tailored to the strength of the player, this fun and dynamic class introduces basic techniques, warm up, and movement through interactive games in a fun filled environment. Beginner level.

Junior LEVEL 2

Ages 7-10 | Duration 1 hr | Session: 10 weeks | Cost: \$25 session, \$35 drop in

The young player will deepen an understanding of tennis fundamentals in a fun group setting. Introduction to various techniques, game play, service technique, warm up, scorekeeping and a weighted ball tailored to the strength of the player will be featured. Intermediate level.

JUNIOR LEVEL 3

Ages 9-13 | Duration 90 min | Session: 10 weeks | Cost: \$30 session, \$40 drop in

Tailored to the player with a strong understanding of tennis fundamentals, techniques and strategies, this group class features warm up, drilling, point production, serving, and game play. Full length court. Advanced level. (Staff approval required).

PRE-TEEN WORKOUT

Ages 10-13 | Duration 1 hr | Session: 10 weeks | Cost: \$25 session, \$35 drop in

A fun and up-tempo workout designed for the beginner and intermediate pre-teenage player. Fundamental drills, point production, serving, and live ball drills will be featured. Players should be beginner or intermediate level.

TEEN WORKOUT

Ages 14-18 | Duration 1 hr | Session: 10 weeks | Cost: \$25 session, \$35 drop in

A fun and up-tempo workout designed for the beginner and intermediate teenage player. Fundamental drills, point production, serving, and live ball drills will be featured.

PARENT - CHILD INSTRUCTION

Cost: Free

Parents are welcome and encouraged to instruct their children (only). Parents must register the activity in advance with the Tennacity staff, sign a waiver and allow the Tennacity staff to monitor the practices to see that practice sessions are administered safely and in good spirit. Parents may bring a basket and instructional materials if they wish and are limited to the same booking rules and guidelines as the general public.

LEVEL BASED MATCHPLAY

For entry into our matchplay, round robin, and tournament events. View our upcoming events and sign up on our UTR landing page here. <https://www.tennacity.com/utr>

ADULT TENNIS

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(PLEASE VISIT OUR WEBSITE at www.tennacity.com for the complete schedule)

TENNACITY WORKOUTS

Endorsed by a litany of high achieving tennis stars and former #1 in the world players, this is heart pumping live ball tennis action at its finest! Often set to originally curated musical playlists with sonically placed speakers and inspirational commentary from your conductor, this will supercharge your day. To see available workouts and schedule visit TENNACITY at WEST HOLLYWOOD on the Kourts App or visit www.tennacity.com

TENNACITY WORKOUT LEVEL ASSESSMENT

Workouts and classes require that all players be initially assessed. Our staff will place you in workouts based on our assessment. We take into account athletic ability, tennis acumen, and group chemistry. A general UTR rating and range may also be used.

PRIVATE TENNACITY WORKOUTS and CLASSES

If you have a private group that you'd like to organize, we can arrange to staff it! Check with us for court and staff availability. 8 players are required, more are recommended for building your roster. For smaller instructional classes we can tailor a class to your needs. We may be able to help fill in players as well! Check with us at the office for additional information.

TENNACITY SLAMS

These gamified 2 hour tournament experiences based on our live ball style of play and innovated by Tennacity give you a chance to test your acumen against a multitude of players and even to level up. Prizes included! Visit our website for more information and upcoming events.

<https://www.tennacity.com/events>

ADULT ACADEMY

Duration 90 min | Session: 10 weeks | Cost: \$30 session, \$40 drop in

Weekly instructional-based classes that focus on tennis fundamentals, drilling, serving, and some game play situations for the beginner, intermediate, and advanced players. To sign up go on to the Kourts app or check www.tennacity.com We will help you find the appropriate level-based class.

FREE and OPEN WORKOUTS and CLASSES

Tennacity is committed to spreading our sheer joy and knowledge of the sport of tennis. Steeped in history, tennis has experienced a BOOM during the pandemic. We will help you find your inner game and learn something along the way with occasional free community building offerings. See the Kourts App or visit our website for more information.

TOURNAMENTS

For the latest Tennacity tournaments in WEHO visit our UTR Club page and sign up!

<https://www.tennacity.com/utr>

PRIVATE LESSONS

Private and semi-private lessons are available from our world class teaching staff. Prices and availability vary depending on the coach. For more information on our coaching staff visit <https://www.tennacity.com/about> To book with our staff, contact the office at (323)-380-7088.